Vol. 20. No. 12

8th Fighter Wing, Kunsan Air Base, Republic of Korea

April 22, 2005

#### **NEWS BRIEFS**

#### **Reporting Threats**

Service members, DoD civilians, contractors and family members must remain vigilant against potential threats off base and continue to take individual protective measures to reduce their vulnerability. Those temporarily living in off-base hotels while transitioning to new assignments are especially vulnerable. Report suspicious activity to Eagle Eyes at 782-EYES (3937).

#### **Hot Volunteer Opportunities**

The Kunsan Education Board is looking for volunteers to teach English each Saturday from 8:30 a.m. to 2 p.m., April 23 to July 30 to Korean students from 3rd to 12th grade. For more information, call Ms. Rosemary Song at 782-5194.

#### **Home Visitation Program**

The Korean Red Cross Home Visitation Program offers an all-expenses paid chance to spend an evening with a local family. Leave Saturday for Jeon-Ju and return Sunday evening. Available May 21 and 28. For more information, call Ms. Rosemary Song at 782-5194.

#### New medal authorized

The Pacific Air Forces commander has approved the Global War on Terrorism Service Medal for all U.S military members assigned, attached, or mobilized to Pacific Air Forces for at least 30 consecutive or 60 nonconsecutive days from Sept. 11, 2001 to a date to be determined in the future. The Kunsan military personnel flight has completed a batch update for all Air Force members currently assigned to Kunsan and eligible to receive the medal in the military personnel data system. Airmen eligible to wear GWOT-S should view their decoration history in virtual MPF to verify the update was successful. If the update wasn't successful, contact the commander's support staff or MPF customer service for assistance.

#### **NEO Exercise Upcoming**

The biannual Courageous Channel exercise will be from Thursday through May 1. The peninsula-wide exercise will test Kunsan's abilities to evacuate noncombatants. All family military members, non-mission essential DoD civilians, non-mission essential contractors and their family members are required to participate. The Evacuation Control Center and processing line will be set up April 29 at the Loring Club.



In this week's issue ...



Savings and Woes Finance Tips

See Page 4



**Kunsan Focused Effort Exercise** 

See Pages 5 through 8



Saemangum Marathon

See Pages 11 and 12

#### Wolf Weather

#### 6-day Forecast

Saturday Hi/Low

70/48 **Mostly Cloudy** 

Tuesday Hi/Low 66/45 Partly Cloudy

Sunday Hi/Low

68/50 Partly Cloudy

Wednesday

Hi/Low 62/47 Showers

Monday Hi/Low 63/54

Thursday

Hi/Low 64/47 Mostly Sunny

#### Who Will Serve?

On A Chudy Day... I I ooked Through The Windows Of My Soul And Saw The Rain ..

I Anked The Question Was It Worth It .. ?

Was It Worth All The Over Time All The Stream All The Sacrifice All The Pain All The Acolades Of Praise ...

Was The Service To My Country Worth The Ever I out Time Spent Away From My Vol. ... My Dang Mer ... Hy Son ..

How Many Of ... Their Parties ... I Missed ...? The a Joyful Celebrations Of Their lives .. Of Their Triumphs I Misad ... I Never Szw ...

Mour ... They are Forever Chimed By The Archives Of ... Too Many... Unknown Memories...

I Aak... Who Then Will Serve? Who Will Seek To Protect The Wondrous Privilege Of Freedom? Who Elm Will Bare The Pain Endure The Shame Phy The Games To Keep Freedom's Flag Victoring In The Sun Honored in The Fain Draped Proudly Over Coffin or Beating Heart Hooked from my Soul And Deep Within My Heart And Shw The Immen & Consiquence Of It All...

That Our Service Isworth. Protecting Freedom's Hope From The Tyranny a Of Hate And Fear That Will Ever Drive This World From Peace Into War

> Who Then Will Serve ...? God Help Me ... God Help Us ... I Wall ... We Will We Must... Serve...

Ordicated to the men and women of Kusan AB Acres F. Pyrde/J. Day 84

## Confessions of a reality TV addict

By Maj. Dani Johnson 5th Bomb Wing Public Affairs

MINOT AIR FORCE **BASE. N.D.** — I have to admit it. It's tough to say out in the open, but I'm one of those — a reality TV addict. I must watch each week, and if I'm out of town, most of the ones I

watch are taped so I don't miss a thing.

I'm so bad that on a recent temporary duty, when I realized that I had only taped one of my shows for an hour and it was going to run two hours, I actually talked a friend through reprogram ming my VCR so I didn't

miss a single minute.

How can an educated, intelligent Air Force officer such as me succumb to such a level? I like the idea of "normal" people achieving a goal and the drama of watching what people do in stressful situations. It's a study in human behavior. Honestly, it's not about

who wins the money for me, but how they relate with each other. I've also learned some things from watching which help me be a better leader.

As Airmen, we can learn from TV's latest fad. Each

See **ADDICT**, Page 4



#### **Wolf Pack** Warrior

Vol. 20, No.12

Defend the base Accept follow-on forces Take the fight North

#### **Editorial Staff**

Col. William Uhle Commander, 8th Fighter Wing

Capt. Kristin Haley Chief, Public Affairs

Master Sgt. **Brian Orban** Superintendent, Public Affairs

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> Airman 1st Class Juanika Glover Editor

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#### Content

The editorial content is edited, prepared and provided by the 8th Fighter Wing Public Affairs Office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

#### **Submissions**

Deadline for submissions to the Wolf Pack Warrior is noon Thursdays for the next week's edition. Submission does not guarantee publication. The staff reserves the right to edit all submissions to conform to Air Force journalism standards. local style and available publication space. Submissions should be e-mailed to WolfPack@ kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also

#### Contact Us

People with questions, comments, suggestions or submissions can contact the public affairs office at:

8th FW/PA PSC 2 Box 2090

APO AP 96264-2090

We can also be reached by phone at 782-4705, by e-mail at 8FW/PA, WolfPack@kunsan.af.mil, or by fax at 782-7568.



#### LISTEN

Wolf Pack Radio 88.5 FM WEEKDAYS — 5 TO 9 A.M., AND 3 TO 6 P.M. **REQUEST SONGS** AT 782-4373 OR WWW.AFNKOREA.COM

#### LISTEN

To your leadership EACH FRIDAY FROM 8 TO 9 A.M., ON 88.5 FM

Have an interesting story, special hobby or unique job? Tell the Wolf Pack Warrior all about it. Submit story ideas to WolfPack@kunsan.af.mil or call Public Affairs at 782-4705

#### **ACTION LINE**

782-2004

action.line@kunsan.af.mil



Col. William W. Uhle Jr. Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number and a brief description of your problem or concern. You can also send an e-mail to 8 FW/CC Action Line.

AAFES Customer Service	782-4426
Area Defense Council	782-4848
Base Exchange	782-4520
Chapel	782-4300
CES Customer Service	782-5318
Commissary manager	782-4144
Civ. Personnel Office	782-4570
Education Office	782-5148
Dining Hall	782-5160
Fitness Center	782-4026
Golf Course	782-5435
Housing Office	782-4088
Inspector General	782-4850
IDEA Office	782-4020
Law Enforcement Desk	
Legal Assistance	782-4283
Military Equal Opportunity	782-4055
Military Pay	782-5574
Military Personnel Flight	782-5276
Medical Patient Advocate	782-4014
Network Control Center	782-2666
OSI	782-4522
Public Affairs	782-4705
Telephone Repair	119

## The verdict's in —

#### Wolf Pack receives 'excellent' on 2005 Operational Readiness Inspection

By Capt. Kristin Haley 8th Fighter Wing Public Affairs Office

Members of the Wolf Pack gathered in Hangar Three to learn the results of this month's operational readiness inspection during a briefing Monday morning.

The long hours in chemical gear paid off as the 8th Fighter Wing earned an overall excellent rating during the Pacific Air Forces-level evaluation, which took place April 4 to 8.

According to Col. William Uhle Jr., 8th Fighter Wing commander, the high marks confirmed for the world what the Wolf Pack has known all along: The wing remains ready

"Each of you was a part of the team effort, and each of you, as an individual and as a part of your work unit, should feel great [and] feel proud about your contribution to the wing's excellent grade," Colonel Uhle said during his comments at the ORI outbrief. "You've proven that you're ready and you're lethal."

The Pacific Air Forces Inspector General team evaluated the Wolf Pack on its responses to simulated scenarios in four major areas: Initial pre-wartime responses, combat employment, mission support operations as well as the ability of service members here to survive and operate while facing simulated attacks from enemy aircraft, missiles, mortars and special operations troops. In each of these categories, the wing earned excellent ratings.

The IG team evaluated the Wolf Pack's ability to sustain combat operations in a wartime environment. From reception and beddown of followon forces to aircraft generation and air interdiction, no aspect of the wing's capabilities was left unchecked.

According to Colonel Uhle, "they



Capt. Jeremy Lukowski, 80th Fighter Squadron, prepares for a sortie during the operational readiness exercise here this month. The Wolf Pack received an overall 'excellent' rating from the Pacific Air Force's Inspector General team with 'excellent' ratings in every category and 'outstanding' ratings in four subcategories. The scores place the 8th Fighter Wing at the top of PACAF fighter wings.

dug deep." However, he added this indepth check was an important part of their task since it gave the wing an honest outside look to help the Wolf Pack to continue to improve.

These 2005 ORI ratings surpassed those earned two years ago during Kunsan's 2003 ORI. This year, the wing received an excellent in all four of the major tested areas

versus the 2003 grades, which

included three excellent and one satisfactory grade. Additionally, the wing earned top marks in reception, defensive counter air alert, close air support and wing staff support areas. Meanwhile, ratings in all graded areas either met or exceeded all command inspection criteria.

According to Colonel Uhle, "these grades place us at the top of all PACAF fighter units."

"It takes a total team effort, with operations, maintenance, mission support, medical and wing staff all working together and supporting each other to receive these kind of marks," the colonel added. "You've proven to all that the Wolf Pack is the best and more than ready to defend the base, accept follow-on forces and take the fight north."

#### Above and beyond: Wolf Pack members highlighted by the IG =

#### **OUTSTANDING PERFORMERS**

- 8th Fighter Wing Capt. Corea Bergenser ■ 8th Operations Support Squadron -David Evans and Staff Sgt. Brian Strong
- 8th Civil Engineer Squadron Nam, Yuk I ■ 8th Communications Squadron — Staff Sqt.
- 8th Mission Support Squadron Staff Sgt. Jennifer Schneider
- 8th Security Forces Squadron 1st Lt. Christopher Caldwell, Senior Airman Andres Rojas and Airman 1st Class Raleigh White
- 8th Logistics Readiness Squadron Tech. Sgt. Robert Clancy, Tech. Sgt. Carlos Salgado, Tech. Sgt. Karl Schofield, Tech. Sgt. Stephen Wimmer, Tech. Sgt. Thomas Wszolek, Staff Sgt. Jason Vandenberg and Airman 1st Class Matthew Marquardt
- 8th Medical Group Capt. David Wetherington, Tech. Sgt. Kristopher Green and Senior Airman Brandon Roots
- 8th Maintenance Operations Squadron -Staff Sgt. John Cox and Staff Sgt. Donald Walden
- 8th Maintenance Squadron Tech. Sgt. James Ennis, Tech. Sgt. Paul Myers, Tech. Sgt. Shannon Schaefer, Staff Sgt. Theodore Winnen, Senior Airman Keith Nuzzi, Senior Airman Clint Wilkerson, Senior Airman Patricia Winn and Airman 1st Class Matthew Werner
- 8th Aircraft Maintenance Squadron Tech. Sgt. Patrick Gothot, Tech. Sgt. Ralph Rodriguez, Tech. Sgt. Donald Vondach, Staff Sgt. Joshua Edin, Staff Sgt. Stewart Hughes, Staff Sgt. David Sanders and Airman 1st Class Nicholas Turner
- Air Force Office of Special Investigations Detachment 632 - Special Agent William Holsclaw

#### **OUTSTANDING TEAMS**

- 8th CES unit control center (day shift) 1st Lt. Lori Begley, 2nd Lt. Bradly Bucholz, Senior Master Sgt. Bruce Smalls, Senior Master Sgt. Michael Trevino, Master Sgt. Matthew Bedard, Tech. Sgt. Flora Dumas, Tech. Sgt. William Mcconnell, Staff Sgt. Gabriel Johnson, Staff Sgt. Dustin Laroe, Staff Sgt. Lubelyn Male and Senior Airman Mamie Hill
- 8th Comptroller Squadron lead independent team — Master Sgt. Terry Hockless, Tech. Sgt. Joseph Romero, Tech. Sgt. Ronnie Wilson, Staff Sgt. Terry Bee and Staff Sgt. Jamie Guttadauro
- 8th SFS Eagle Patrol Flight 1st Lt. Joseph Ringer, Master Sgt. Joseph Dibiasio, Staff Sgt. Isaac Ferguson, Staff Sgt. Ryan Webb, Senior Airman Richard Garcia, Airman 1st Class Anthony Dimodica, Airman 1st Class Vanesa Henderson, Airman 1st Class Pedro Medina-Robles, Airman 1st Class John Pace and Airman 1st Class Pamela Toomey
- 8th LRS sentry team Tech. Sgt. Dexter Dotson, Tech. Sgt. Kenneth Gary, Tech. Sgt. Brenda Jordan, Tech. Sgt. Dalara Smith, Tech. Sgt. Ray Sturgis, Tech. Sgt. Thomas Wszolek, Staff Sgt. Vesselin Kantchev, Staff Sgt. Cassandra Laky, Staff Sgt. Larry Scott, Senior Airman Maria Maramba and Airman 1st Class Kenyatta Clemons
- 8th MSS reception processing unit Senior Master Sqt. Amy Patterson-Bibbs, Master Sqt. Tammy Brangard-Hern, Master Sgt. James Carnes, Tech. Sgt. Larry Dell, Tech. Sgt. Donald Powell, Tech. Sgt. Larry Sampsell, Staff Sgt. Barrett Gilligan, Staff Sgt. Mercede Reed, Staff Sgt. Edwin Watson, Senior Airman Michael Lopez, Senior

- Airman Ashley Teaster and Senior Airman Rhodesia Victoria
- 8th MXS emergency destruction of munitions team — Senior Master Sgt. Scott Heisterkamp, Master Sgt. Torre Phillips, Tech. Sgt. Donvan Schaefer, Staff Sqt. Douglas Kipp, Staff Sqt. Phillip Wilson, Senior Airman Anthony Altomare, Senior Airman Matthew Gahagan, Senior Airman Joseph Suders, Airman 1st Class David Castro and Airman 1st Class Samuel Scopetta
- 8th LRS traffic management flight par sweep team — Staff Sqt. Michael Austin, Senior Airman Rahsha Stowers and Airman Jessica Rivera
- 35th Aircraft Maintenance Unit egress flightline response team — Tech. Sgt. John Melito, Tech. Sgt. Cameron St. Amand, Senior Airman Kristopher Sowels and Senior Airman Matthew Warden
- 80th AMU weapons generation load team -Tech. Sgt. Donald Vondach, Staff Sgt. Jeremy Fowler, Staff Sgt. Daryl Holloway, Senior Airman Brandon Bailey, Senior Airman Christopher Curry, Senior Airman Jason Mann and Airman 1st Class Jason Biddlecome

#### SPECIAL RECOGNITION COIN RECIPIENTS

- Maj. Paul Cotellesso, 8th CES
- Master Sgt. Tammy Brangard-Hern, 8th MSS
- Tech. Sgt. Anthony Allen, 8th MXS
- Tech. Sgt. Dennis O'connell, 8th CPTS
- Tech. Sgt. John Davenport, 8th SFS ■ Staff Sgt. Kurt Arkenberg, 8th FW
- Staff Sgt. Marcus Meadow, 8th SFS
- Staff Sgt. Jillian Shandrew, 8th SVS ■ Senior Airman Hannah Hockman, 35th FS
- Senior Airman Danny Ramirez, 8th AMXS

## New policy offers confidentiality to DoD sexual-assault victims

By Staff Sgt. C. Todd Lopez
Air Force Print News

**WASHINGTON** — A new Department of Defense policy allows sexual-assault victims to confidentially report crimes against them.

The policy allows victims of sexual assault to seek care under restricted reporting procedures, without triggering an investigation or having their name, or the name of their assailant reported up through their chain of command.

Under the new policy, victims will be able to talk with the sexual assault response coordinator, a victim advocate or certain medics. In the past, only chaplains could provide confidentiality.

This ensures victims of sexual assault get the medical care, counseling and victim advocacy they need following a sexual assault, even if they are not ready

to deal with the investigative and legal aspects of reporting a crime, officials said.

 $^{\circ}$ As weimplement this policy (which will take effect at Kunsan June 16), training is critical ... for commanders, supervisors, first responders and the entire force," a i d Charlene Bradley, the Air Force's Sexual As-

sault Task Force leader.

"Everyone must understand

## THERE IS HELP AVAILABLE:

Kunsan offices offer help in coping with sexual assaults and the medical issues associated with them. Below are some agencies to turn to:

Maj. John Woods, regional sexual assault response coordinator — 782-4562. He has a listing of victim advocates and counselors who can help.

**Chaplains** — 782-4300. As always, chaplains offer confidentiality as part of their counseling service.

8th Medical Group — Medical personnel will provide confidentiality concerning medical conditions resulting from sexual assaults.

being the perceived lack of privacy and confidentiality.

the two avenues for reporting — restricted and unrestricted — and the importance of each to the victim and the mission."

Many times, victims of sexual assault are not immediately ready to report what happened to them, officials said.

There are perceived and real barriers to reporting that exist in society and the military — chief among those

"When you deal with military victims, there are many things they consider before reporting," she said.

"People are proud of being in the military, and one of the perceptions is that if the commander knows you have been sexually assaulted, he or she may think your effectiveness is reduced by that experience."

"Airmen at their home station might fear reporting a sexual assault will lead co-workers, a supervisor or commander to think differently about them or even question their behavior," Ms. Bradley said.

"While deployed or in training, they also fear being sent home and missing out on the opportunity to complete their mission."

While the names of sexual-assault victims will be withheld from commanders under the new restricted reporting procedure, the fact a sexual assault has occurred will be disclosed.

#### **ADDICT**, from Page 4

day is a race, a challenge. How we act determines whether we will be around for one more day and stay a part of the best Air Force in the world or take the ultimate fall and be voted off or the last one to arrive because we didn't apply what we knew.

First, perseverance. Whether it's "Amazing Race," "Survivor" or "American Idol," those who succeed are the ones who bounce back the next episode after having a completely rotten previous episode and barely make it to the next round.

Second, how would I react or should one react in the situation? It could be walking across a suspension bridge in a foreign country, tackling a team puzzle or receiving the harshest criticism possible. I determine what would be the best avenue for me if I was in the situation. This is important because I'm learning to put myself in another person's shoes and think about the pros and cons of the situation.

Lastly, not every day is going to be great, but if you are with your loved ones, teammates or know what you are doing will achieve your final goal or dream, it's worth it. I'm constantly amazed with the support people give each other in extreme situations. I'm also amazed at the lack of support many times. Stressful situations tell you who you can depend on. It reminds you of the importance of creating strong relations with people.

Yes, I'm a reality TV addict, but I can't talk anymore, one of my shows is on.

Doing something outstanding at work? Let 'em know back home.

Go to <u>www.kunsan.af.mil</u> and fill out a hometown news release.



April 11, 2005

General Leon J. LaPorte Commander UNC/CFC/USFK

Dear General LaPorte:

As I leave my post as Ambassador to the Republic of Korea to take up my new position in Washington as Assistant Secretary of State for East Asian and Pacific Affairs, I wanted to thank you and the incredible USFK team for the work you do in support of this alliance.

Since my arrival last August, I have visited with many of the outstanding Soldiers, Sailors, Airmen and Marines who form U.S. Forces Korea. I have been to Osan Air Base, Kunsan Air Base, Chinhae, and the DMZ, and also participated in the Ulchi-Focus Lens exercise. What is evident in each of my visits is not only a strong foundation of patriotism toward the U.S. and pride in their jobs, but also a dedication to the U.S.-ROK alliance that makes this the strongest partnership I have seen anywhere.

Please convey my appreciation to every member of USFK for helping preserve peace and stability here in the Republic of Korea.

Sincerely,

Christopher R. Hill Assistant Secretary of State East Asian and Pacific Affairs





Model: Senior Airman Angela Colon, 8th Fighter Wing

Illustration by Master Sgt. Brian Orban

### FSC helps folks get back on firm financial footing

**By Master Sgt. Brian Orban** 8th Fighter Wing Public Affairs Office

One trillion dollars ...

A dollar sign followed by a one and 12 zeroes ...

Enough money to buy a high-end home computer system for every man, woman and child in the United States with plenty of money left over ...

The amount of money Americans owed in 2003 to creditors, money lenders, banks and businesses from coast to coast – a time bomb waiting to ruin the financial future of many people.

Every day, more Americans dig themselves into severe financial debt. Many of them will fall into this pit with little hope of climbing back out, according to Mr. Sun Park, director and financial counselor with the Kunsan Family Support Center.

The center sees clients every day with a variety of financial issues. At least one in three of those walking through the doors have severe money woes, defined as having more than 30 percent of their paychecks going to pay the hefty interest rates and multiple moneylenders they owe.

"Those in severe debt are more likely to file bankruptcy and eventually be forced from Air Force life," Mr. Park said. It's this reality that prompts the FSC's counselor to offer his help to those struggling to make ends meet before it's too late.

#### ROOTCAUSE:BADSPENDING

In cases of severe financial woes, people really don't have money problems; they have spending or discipline problems. Most of the time, they overextend their credit limits and spend beyond their ability to make the minimum payments.

"Those who get into trouble are often the ones that want instant gratification," Mr. Park added. "They don't want to wait to save \$1,000 or \$2,000 for a car [down payment]. They want a car now. When they do buy a car, it's not the kind of car that would retain the high resale value."

That's where problems can start, he added. An original car payment of \$400, for example, can easily jump by a couple of hundred dollars. Those with no money for a down payment may sign up for a "no money down" loan of \$100 or \$200 a month for a year or two. Add in a high monthly insurance payment for a young Airman with a less-than-spotless driving record and that \$400 monthly payment can easily exceed \$800 per month.

With average car loans exceeding 48 months, it doesn't take long for money to start disappearing, Mr. Park said.

#### CULPRIT#2:IMPULSIVE\$HOPPING

The need for instant gratification can lead to other problems for those ignoring the bottom line. Compulsive spending and "boredom buying" eat away at people's paychecks.

"In most cases, people don't know why they're doing it," the counselor said. "Compulsive shoppers are spending money because buying something makes them feel good – for at least a few minutes. If they don't buy something, they feel guilty."

Ironically, those who impulse shop often buy what Mr. Park calls consumables — a night on the town, fancy dinners or shopping at Osan. They have no money in the bank and nothing to show for it.

Boredom buying is especially a problem for those stationed at places like Kunsan, he said. Armed with a personal computer, Internet access and a credit card, they devote their off-duty time shopping for themselves or their family.

Even those who religiously pinch pennies aren't immune. The FSC sees clients who "binge spend" where they won't buy anything for six months then splurge and empty their savings account — a "lack of balance" between saving money and making sensible purchases.

People stationed at Kunsan also face another unique problem – post-assignment budget crises. Military members here draw cost of living and family separation allowances and other entitlements and extend their spending accordingly. They've grown accustomed to those extra dollars. After they move to their next base, they forget those dollars will dry up fast. In the worst case situations, the Airmen are overpaid after they get to their next base only to see their next paycheck a lot smaller as finance officials reclaim the overpayment. Having overspent and nothing left to buy groceries or pay the regular bills; the Airmen find themselves with a major problem.

#### FINDINGTHEENDOFTHERAINBOW

Once they've dug themselves into a money pit, it can take years for people to climb out, according to Mr. Park. Financial counseling at the FSC is a start. One-on-one counseling help give people a snapshot look at their personal situation and offers places to trim debt.

But the secret to financial success lies with each person, according to the counselor.

"Even a commander can't tell their people how to spend their money and how much they can spend," he added. "However, we can teach people to live within their means. If they're comfortable with \$500 in the bank and don't touch it, then they've achieved their goal. However, others aren't comfortable unless they always have \$5,000 in the bank."

In case of family emergencies, the Air Force Aid Society can also help in the form of interest-free loans, he added.

The \$1 trillion personal debt is growing across the United States. The counselor urges people here, especially those ashamed to admit they may have a problem, to seek lasting solutions to their financial situation and climb out of the money trap.

#### **FAST FACTS:**

#### **CONSUMER DEBT**

Each year, hundreds of thousands of Americans file for bankruptcy, often the result of extended illness, unemployment or overspending. To step out from the shadow of perpetual debt, the Federal Trade Commission offers the following alternatives.

#### THINGS TO DO NOW

- \$ Make a realistic budget, and figure your monthly and daily expenses. Avoid unnecessary purchases even small daily items. These costs add up.
- s Build some savings to avoid borrowing for emergencies, unexpected expenses or other items. Even small deposits can help. For example, putting the amount of the fee normally paid on a typical \$300 payday loan in a savings account for six months would give you the extra dollars you'd need and give you a buffer against financial emergencies.

#### **PENNY-PINCHING STEPS**

- \$ If you need credit, shop carefully and compare offers. Look for lowest annual percentage rate, or APR. To get the lowest cost, compare the APR and finance charge, which includes loan fees, interest and other types of credit costs, of credit offers.
- \$ Ask creditors for more time to pay your bills, and find out what they'll charge for that service. It may get billed as a late charge, an additional finance charge or higher interest rate.
- \$ Find out if you have, or can get, overdraft protection on your checking account. If you regularly use most or all the funds in your account and make a mistake in your account ledger or records, overdraft protection can help protect you from further credit problems.

#### IN CASE OF EMERGENCIES

- If you're strapped for cash, consider taking out a small loan from a credit union or small loan company, or take out a loan from family or friends. A cash advance on a credit card may be a possibility, but could have a higher interest rate than other sources. Find out the terms before you decide.
- **\$** If you need help working out a debt repayment plan with creditors or developing a budget, contact your local consumer credit counseling service. There are non-profit groups offering credit guidance to consumers at little or no cost.
- **\$** If you decide you must use a payday loan, borrow only as much as you can afford to pay with your next paycheck and still have enough to make it to the next payday.

source: Federal Trade Commission



# UNCONVENTIONAL WARFARE



## Kunsan prepares for bio warfare test

**by Master Sgt. Brian Orban** 8th Fighter Wing Public Affairs

The Wolf Pack will test its ability to sustain mission operations in a biological warfare environment and how effectively it recovers from these types of unconventional attacks during the first-ever Kunsan Focused Effort exercise, which starts here Monday.

"We're using Kunsan as a test bed for policy, procedures and guidance to help the greater Air Force if faced with a bio incident," said Col. Thomas Billick, chief of the Air Force's Counter-Proliferation Division at the Pentagon. The division heads up the service's counter-biological warfare policy.

During the exercise, everyone on base is expected to play within the parameters of the test and to respond to injects from evaluators, according to KFE coordinators. When in uniform, service members are considered eligible participants.

According to exercise planners, participants will wear a modified version of the second mission oriented protective posture, or MOPP 2. In addition to battle dress uniform, people will wear their web belt, canteen and gas mask and carrier.

The exercise is scheduled to run for approximately 12 hours Tuesday and Wednesday and conclude Thursday morning. During the week, all Army and Air Force Exchange Service and 8th Services Squadron facilities are expected to remain open, exercise planners added.

Biological agents pose unique challenges to operations at places like Kunsan due to the varied means enemy forces can deliver deadly or incapacitating amounts of bacteria, viruses and toxins, according to counter-proliferation division officials. Even delivery systems like missiles or artillery shells can covertly deliver biological agents in their payloads, which are then dispersed or deposited as aerosols, liquid droplets or dry powders.

Advances in research pose additional threats since enemy forces can "weaponize" many biological agents into far more lethal varieties. Also, biological weapons don't often affect people immediately like chemical agents such as nerve gas. In some cases, it can take days or weeks for symptoms to appear, making it harder to isolate the source of the attack and take steps to keep others from becoming infected, according to counter-proliferation division officials.

Many variables determine the amount of devastation bio-warfare agents have on people on and off the battlefield and how fast and effective recovery forces respond. For example, the source of these weapons — how they're manufactured and delivered — can determine the attack's potency and how much area is contaminated, according to officials. Environmental factors like the size, shape, dosage and

See KFE, Page 7



Air Force file phot

Previous biological warfare planning at Kunsan was put to the test in 2004 during a base-wide Black Wolf exercise. The table-top exercise looked at ways to improve mission recovery following a biological warfare attack.

## Test concludes year-long effort

**By Master Sgt. Brian Orban** 8th Fighter Wing Public Affairs Office

Next week's Kunsan Focused Effort exercise culminates a yearlong Air Staff initiative to improve biological warfare capabilities, identify vulnerabilities and increase capabilities to accept follow-on forces while maintaining flying operations at places like Kunsan.

Known as the KFE, the ongoing study began in May 2004 and included several visits to Kunsan from subject matter experts with a broad level of expertise, including representatives from the Air Staff, 7th Air Force and Pacific Air Forces.

Over the year, the group worked with the wing to determine how best to recover from a biological warfare attack, according to Col. Thomas Billick, chief of the Air Force's Counter-Proliferation Division at the Pentagon. KFE focused on understanding the biological warfare hazard, detection and identification procedures, disease containment measures, commander decision tools and decontamination processes.

To sufficiently understand the wing's capabilities in these areas, the KFE team worked with operations and maintenance, mission support, wing staff, civil engineer, security forces and medical experts here. By identifying the base's capabilities in the five focus areas, the Air Force hopes to enhance capabilities at places like Kunsan and apply lessons learned here to the greater Air Force, according to Colonel Billick.

During the team's visit here in August 2004 and January 2005, representatives focused on

analyzing and improving the wing's biological warfare capabilities using data collected from the first visit. The two visits also allowed the base and team to refine proposed solutions.

A base-wide table-top exercise, known as Black Wolf, integrated these lessons. This six-hour exercise intended to improve mission recovery while seeing how effective the base could sustain its combat efficiency following an outbreak of a contagious disease.

The final KFE visit this month involves a threeday biological warfare threat field training exercise. The goal is to validate new strategies developed during past visits.

"This challenging exercise will examine the enhanced capability of Kunsan to conduct operations following a [biological warfare] attack," Colonel Billick said. "Kunsan ... is well equipped to handle it. The Air Staff and Kunsan have worked diligently on this program, but it's the dedication of the men and women of the 8th Fighter Wing that has made this endeavor a success."

The effort has garnered unprecedented attention from the Department of Defense, according to the colonel.

"Many now acknowledge the Air Force's cutting edge work on countering the [biological warfare]," he added. "Requests for outside participation in this effort from the other services ... have been extensive. Additionally, DoD agencies have shown considerable interest in field testing new equipment during KFE. The interest and involvement of the broader DoD community highlights KFE's importance for improving BW defense."

## KFE: Exercise begins here Monday

Continued from previous page

concentration of agents deposited on the ground are another con-

Meanwhile, the lethality of certain agents depends on their potency and size, how they enter the body as well as medical and physical protection for those infected. In some cases, standard military gas masks, clothing covering exposed skin and rapid decontamination offers greater chances for military forces to avoid risk of infection and allow them to continue to fight, officials added.

Knowing how an agent can be disseminated is critical to shaping an effective response because enemy forces will likely consider a number of issues when choosing a means of delivery, according to counter-proliferation division officials. This includes the cost and ease of accessing these unconventional weapons, the targeted area size and the odds they'll successfully get through different defenses. Those planning the attack would also calculate ways to keep it covert while protecting those making the delivery.

 $According \ to \ the \ colonel, \ the$ 

means to launch a biological attack is only limited to the attacker's imagination. A likely scenario involves using vectors like infected animals or insects to spread the toxin or bacteria.

Food supplies are likely targets. In recent years, a religious sect made headlines after its followers contaminated food at a salad bar with salmonella bacteria. It was the only recorded biological terrorist attack involving food. Enemy forces can spike other products with poisons, which happened in March 1989 when grapes grown in Chile were injected with cyanide.

#### **BIO WARFARE THREATS**

From anthrax to plague, U.S. forces stationed at Kunsan and around the world could face a barrage of debilitating and often deadly bacteria, toxins and viruses launched by enemy nations and terrorist organizations. Unlike chemical agents, which work rapidly, some "weaponized" bio warfare agents don't show signs of infection for hours, days or sometimes weeks.

However, in many instances, many of these agents will not infect people wearing appropriate protective gear, including gas masks, surgical masks and appropriate clothing that covers up exposed skin from contamination.

Pages 5 and 6 highlight some of the more common biological agents U.S. service members may face in the event of an unconventional attack.

-- Master Sgt. Brian Orban



Air Force file photo

An FDA approved vaccine can protect service members from weaponized anthrax.

#### ANTHRAX

Physical state at delivery — Wet slurry or dry powder. Inhalational cases most likely with spores entering the lungs as people breathe; gastrointestinal cases possible from people consuming contaminated food or water; it can also enter the skin through skin abrasions, soil, objects, insect bites and pets

**Lethality** – Up to 100 percent lethal if inhaled; nearly 25 percent fatal if absored through skin; more than 50 percent lethal if ingested

**Incubation period** — Average of one to six days or up to 40 days for inhalational anthrax; one to five days if absorbed through skin

**Time until death** - From 24 to 36 hours after respiratory shock or two to five days after symptoms start

Symptoms — Fever, tiredness, fatigue, cough and mild chest discomfort which progresses to severe respiratory distress Quarantine and isolation — Not needed since it's not communicable to other people

Vaccine – FDA licensed vaccine, given in six doses over 18 month period with annual boosters

**Personal decontamination** — Wash with soap and water **Large-scale decontamination** — Use a 0.5 percent sodium hypochlorite solution of one part Clorox bleach and nine parts water on surfaces and equipment; ethylene oxide also eliminates bacterial spores

#### RICIN

**Physical state at delivery** — Can be aerosolized as a biological warfare agent; also produced as a dry powder or liquid slurry; was used in pellet form as as assassination tool

**Lethality** — Highly lethal; when inhaled in its aerosol form, may produce symptoms within eight hours; severe respiratory symptoms followed by respiratory failure can happen in 36 to 72 hours; less toxic if ingested

Incubation period — 18 to 24 hours

**Time until death** — Three days or within 36 to 72 hours depending on route of exposure and dose

**Symptoms** — If inhaled, symptoms include weakness, fever, cough and fluid-filled lungs, severe respiratory distress and death from circulatory collapse; if ingested, symptoms include nausea, vomiting, bloody diarrhea, abdominal cramps and kidney failure; if injected, symptoms include blackened, dead muscles and lymph nodes near injection site

**Quarantine and isolation** — Not needed since it's not communicable from person to person.

**Vaccine** — Vaccine under development but not currently available; there is no antitoxin

**Personal decontamination** — Wash with soap and water **Large-scale decontamination** — Wash with soap and water, use hypochlorite (bleach) solution of .1 percent sodium hypochlorite; detoxified when exposed to hot water (80 degrees Celcius) for 10 minutes

**Additional notes:** In inhalation cases, patient will need respiratory support and treatment for fluid in lungs; if ingested, medics will likely need to pump stomach; in skin-related cases, supportive treatment required

More **BIO WARFARE THREATS** on Page 6

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## Additional biological warfare threats

Continued from Page 5

#### **PLAGUE**

Physical state at delivery — Contagious bacteria spread via respiratory droplets, aerosol dissemination and insect bites Lethality — Nearly 100 percent fatal in untreated pneumonic (inhalation) cases with high death rates possible unless treated in 12 to 24 hours; 60 percent fatal in bubonic cases from flea bites; 40 percent fatal in treated blood poisoning cases and 100 percent fatal if untreated

Incubation period — One to six days incubation for pneumonic plague and two to eight days for bubonic plague Time until death — As little as 24 hours after symptoms start; must be treated immediately

**Symptoms** — Pneumonic plague includes high fever, chills, diarrhea, cough with bloody spit up; bubonic plague symptoms include high fever, chills, one or more tender lymph nodes, painful enlargement of spleen and liver; septicemic symptoms mimic stomach and intestine inflammation and can include black dead cells on arms, legs, fingers and toes

Quarantine and isolation — Isolation of infected individuals recommended for the first 72 hours of treatment; use strict respiratory droplet precautions; wearing a close-fitting surgical mask also protects against infection

Vaccine — Vaccine not available in United States

**Personal decontamination** — Wash with soap and water **Large-scale decontamination** — Inactivated in less than 15 minutes by heating to 55 degrees Celsius; also inactivated by one percent sodium hypochlorite (bleach) solution; easily destroyed by sunlight and drying

#### **CHOLERA**

Physical state at delivery — Normal and natural transmission via direct or indirect fecal contamination of water and foods, heavily soiled hands or utensils

**Lethality** — Low with treatment and high without; Around 25 to 50 percent of typical cases are fatal if left untreated **Incubation period** — Ranges from four hours to five days with an average of two to three days

**Time until death** — Variable; death from severe dehydration or shock can happen in days or weeks

**Symptoms** — Vomiting, headache, intestinal cramping, voluminous diarrhea, fluid losses may exceed five to 10 liters per day. Without treatment, death happens due to severe dehydration, shock and circulatory collapse

**Quarantine and isolation** — Rarely spreads from person to person

**Vaccine** — Wyeth-Ayerst vaccine available, however, it's not recommended for routine protection in endemic areas since it's only 50 percent effective in short term cases

**Personal decontamination** — Wash with soap and water **Large scale decontamination** – Five percent chlorine bleach or other antibacterial solutions

#### **GLANDERS / MELIOIDOSIS**

**Physical state at delivery** — May be weaponized in aerosol form

Lethality — Up to 50 percent; it's up to 90 percent fatal in cases involving septicemia — a body-wide illness where bloodstream is invaded by bacteria and toxins coming from a local area of infection; symptoms like chills, fever and exhaustion caused by bacteria and substances they produce Incubation period — 10 to 14 days via aerosol methods; one to 21 days if contracted through skin; incubation can take days to weeks but usually average 14 days after inhalation Time until death — Unknown; melioidosis has several forms ranging from non-symptomatic illness to septicemia with a 90 percent mortality rate and death within 24 to 48 hours after onset of symptoms

Symptoms — Fever, sweats, headache, chest pain, skin eruptions; military lesions, jaundice, light sensitivity, tearing, diarrhea and rapid heartbeat; localized skin infections with ulcerations can occur within one to five days around an infected cut or scratch

**Quarantine and isolation** — Low communicability; personto-person airborne transmission unlikely

Vaccine — Not available

**Personal decontamination** — Wash with soap and water; use contact precautions like gloves, and disinfecting utensils while caring for patients with skin involvement.

**Large-scale decontamination** – Use a .5 to one percent hypochlorite (bleach and water) solution

#### **Q FEVER**

**Physical state at delivery** — Q fever is a rickettsial infection that, like viruses, require other living cells for growth but like bacteria use oxygen to grow; susceptible to antibiotics; for aerosol exposure, patients don't present a risk for secondary contamination or reaerosolization of organisms

Lethality — One percent

Incubation period - Seven to 41 days; two to three weeks on average

**Symptom duration** — Two days to two weeks; fevers for 13 days or less; lasts longer in older patients; recovery could take up to a year

Symptoms — Fever, chills, severe headache, fatigue, weight

loss, cough (appears later in illness), chest pain (in small number of patients), sore throat, nausea, vomiting, diarrhea, neck stiffness, hallucinations and facial pain; may lead to liver inflammation

**Quarantine and isolation –** None since person-to-person transmission is rare

**Recommended treatment** — Contact unit control center for medical notification; seek medical advice if UCC didn't receive medical prevention recommendations

**Vaccine** – None; all Q Fever vaccines are investigational in United States but are available in Australia and Europe

**Personal decontamination** — Wash with soap and water or use a .5 percent chlorine solution; M291 skin decontamination kit won't neutralize Q Fever bacteria

Large-scale decontamination – Killed by heat, dehydration and disinfection



Air Force file photo

Kunsan Air Base continues to vaccinate its people against the threat of a smallpox outbreak.

#### **SMALLPOX**

**Physical state at delivery** — Highly contagious viral agent **Lethality:** Lethal in 30 percent of unvaccinated people; lethal in three percent of vaccinated patients

**Incubation period:** Ranges from seven to 19 days (12 days on average)

**Time until death:** About 28 days after symptoms start **Symptoms:** Fever, bodily discomfort, headache, backache, vomiting; in two to three days, rash appears and develops into pustules (pox-like) spots; spots become abundant on extremities and face

Quarantine and isolation – Required since it's easily transmitted from person to person; pateints must be quarantined for 17 days after exposure

**Personal decontamination** — Wash with soap and water; dispose of all protective clothing (including sheet covering patient) in plastic biohazard bags prior to leaving isolation room

**Large-scale decontamination** – Smallpox virus isn't strong and is killed by sunlight and heat; in air, UV rays decay the virus at a rate of two percent per minute; in soil, a five percent hypochlorite (bleach) solution destroys virus in four hours

#### VENEZUELAN EQUINE ENCEPHALITIS

Type of agent — Virus

Physical state at delivery — Weaponized in aerosol form; natural infections come from mosquito bites

**Lethality** — Low lethality rate of less than one percent

Incubation period — One to six days

**Time until death** — Severe symptoms subside within two to four days followed by fatigue and bodily discomfort; full recovery takes one to two weeks

**Symptoms** — Chills, spiking high fevers, muscles stiffness, headache, intolerance to light, muscle pain in the legs and lower back for 24 to 72 hours followed by nausea, vomiting, cough, sore throat and diarrhea

Quarantine and isolation — Not required; low communicabile

Vaccine — Vaccine available as an investigational drug Personal decontamination — Use standard disinfectants Large-scale decontamination — Virus destroyed by heat (80 degree Celcius for 30 minutes); standard disinfectants also work; virus also sensitive to UV light

#### TULAREMIA

Physical state at delivery — Can be aerosolized for a biological warfare attack; can also enter through the skin or ingestion; includes typhoidal and ulceroglandular tularemia (caused from being exposed to blood or tissues of infected animals); survives for weeks at low temperatures in water, moist soil, hay, straw and decaying animal carcasses

Lethality — Moderate chance if left untreated

Incubation period – One to 21 days (three to six days on average), presumably dependent on dose of organisms; glandular abrasion and swelling within three to six days

Time until death — Unknown

**Symptoms** — Headache, chills, generalized body aches,

sore throat, sweats, weight loss, fever, localized skin or mucous membrane ulceration, occasionally pneumonia (occurs in up to 80 percent of typhoidal patients); symptoms if ingestion include throat inflammation, abdominal pain and fever; hemorrhagic inflammation of airways early in course of illness may progress to pneumonia

Quarantine and isolation — Not communicable

**Vaccine** — Vaccine under review by the FDA **Protective gear** — Respiratory protection and a garment covering skin

**Personal decontamination** — Wash with soap and water **Large-scale decontamination** — Mild heat (55°C for 10 minutes); standard disinfectants will also suffice

#### **BOTULINUM TOXIN**

**Physical state at delivery** — Aerosol dissemination; enemy forces can also introduce toxin by contaminating food and water supplies

**Lethality** — 60 percent lethal if not treated, up to five percent fatal if treated

**Incubation period** — 12 hours to five days following exposure; can take several hours to two days for oral ingestion cases, although some symptoms may take several days to appear depending on exposure; symptoms begin within 12 to 36 hours after inhalation cases

**Time until death** — Two to 10 days; with severe food borne botulism, death can occur within 24 hours

**Symptoms** — Extreme muscular weakness, dry mouth and throat, pupil dilation, blurred and double vision and slurred speech; symptoms will progress to respiratory failure and death in less than 24 hours in ingestion cases

Quarantine and isolation — Not communicable

**Vaccine** — Under investigation but available to those with a high risk of exposure

**Personal decontamination** — Wash with soap and water; contamination doesn't put people at risk of skin exposure; secondary aerosol releases from existing toxins don't pose hazards to exposed patients

Large-scale decontamination — Wash with soap and water; heat for 30 minutes at 80 degrees Celcius or for several minutes at 100 degree Celcius; inactivated by sunlight within one to three hours; chlorine inactivates up to 99.7 percent of toxin; detoxified in air within 12 hours

#### **BRUCELLOSIS**

**Physical state at delivery** – Delivered in an aerosol form; the airborne route is highly infectious and the presumed military threat; it's also spread by contaminating food supplies

**Lethality** – Less than five percent if left untreated

Incubation period – Five to 60 days (one to two months on average) although some symptoms may not appear for months Symptom duration — One week to several months; most are symptomatic within three to four weeks and occasionally for a year or more; can become chronic with relapse possible even with treatment

**Symptoms** — Sweats, headaches, back pains, fever, chills and muscle pain; may cause organ disease; fatalities are rare and usually associated with central nervous system or heart infection; also causes depression and irritability along with generalized weakness, bodily discomfort, nausea, vomiting, diarrhea, constipation and inflamed colon

**Quarantine and isolation** — Quarantine isn't since it's not communicable to other people; however, person-to-person transmission is possible through bodily fluids, tissue transplants and sexual contact

Vaccine — No vaccine currently available

**Personal decontamination** – Use standard disinfectants to minimize risk of infection by accidental ingestion or by entering the eyes

#### VIRAL HEMORRHAGIC FEVERS

**Physical state at delivery** — Weaponization in aerosol form and spread through airborne means; humans infected when exposed to infected hosts

**Lethality** — High lethality with Zaire Hemorrhagic Fevers; moderate lethality rates with Sudan strain; Ebola virus has 50 to 90 percent lethality rate

Incubation period — Four to 21 days

Time until death — Unknown

Symptoms — Fever, muscle pain, low blood pressure, flushing, shock, generalized bleeding from the mucous membranes; Rift Valley Fever, Congo-Crimean Hemorrhagic Fever, Marburg Hemorrhagic Fever, Ebola Hemorrhagic Fever and Yellow Fever symptoms may also include black vomit, jaundice, liver failure, kidney failure proportional to heart failure Quarantine and isolation — Contact isolation required; moderately communicabile; use N95 masks and eye protection for those within three feet of patients with Marburg, Ebola and other VHF viruses

**Vaccine** — With exception of yellow fever, no vaccines exist to protect against these diseases

**Personal decontamination** — Wash with soap and water; decontaminate with hypochlorite solution

Large-scale decontamination – Use hypochlorite (bleach) or phenolic solutions and disinfectants; viruses somewhat sensitive to UV light



#### **FUELING THE SPIRIT**

**OVER THE PACIFIC** OCEAN — A B-2 Spirit bomber refuels from a KC-135 Stratotanker during a deployment to Andersen Air Force Base, Guam. The bomber deployed as part of a rotation that provided U.S. Pacific Command officials a continuous bomber presence in the Asia-Pacific region, enhancing regional security and the U.S. commitment to the Western Pacific.

Photo by Master Sgt. Val Gempis

## Airmen disciplined for AFIM misuse

By Master Sgt. Mitch Gettle Air Force Print News

**WASHINGTON** — Air Force officials are taking a hard look at the misuse of the Air Force Instant Messenger service on Air Force Portal.

Airmen were found violating standards of conduct prompting officials to clarify responsible communication over the service.

"Air Force Portal users took offense to the inappropriate comments made by 11 individuals and reported the misuse to local helping agencies," said Maj. Anthony Sansano, Air Force military equal opportunity chief. "It's a readiness issue. Unprofessional com-

munication is contrary to good order and discipline and counterproductive to mission accomplishment.

Of the 11 Airmen reported, six received some form of administrative or disciplinary actions. One Airman received a letter of reprimand, an unfavorable information file and removed from command on the basis of inappropriate dialogue in a chat room. Five Airmen received actions ranged from a verbal counseling to letters of reprimand, and five others are still pending actions.

The growth of the instant messenger in civilian society has developed an "anything goes" culture where people may say and do things they would not do in person, said Maj. David Gindhart, Air Staff lead for the Air Force Portal.

"As with telephone calls or e-mail, the instant messaging and public and private chat rooms are subject to limitations and monitoring at all times," Major Gindhart said.

Also, users have a few ways to monitor and correct misuse on the messenger.

"Airmen are encouraged to deal with issues at the lowest possible level which can be as simple as (instant messaging) the individual and telling them to stop," Major Gindhart said. "Users also have the option of clicking the 'report misuse' button, which prompts them to identify the offending (individuals) and the type of inappropriate use. The report and the chat room transcript will be routed to the alleged offender's commander for action."

In addition, while the instant messenger supports informal dialogue, the Air Force military rank structure establishes expectations for responsibility and accountability.

Two Air Force instructions govern appropriate or inappropriate use of government information systems. Air Force Instruction 33-129, Web Management and Internet Use, covers the use of Internet resources by government employees

## AFN Korea offers a say in programming

By Tech. Sgt. Erin Roberts American Forces Network

Editor's note: American Forces Network Korea is conducting the survey through May 15. The 56-question survey is at afnkorea.net and takes 10-15 minutes to complete.

Servicemembers, civilian workers, DoD contractors and their families can participate. Each person must log in to AFN to answer the questions, and each person may complete the survey one time.

The American Forces Network is now giving Kunsan members a chance to drive programming through an online survey.

If enough people agree, the answers may change American Forces Network programming in South Korea so those serving here get more of their favorite shows and music on the air, according to Douglas Griffin, broadcasting director for AFN Korea.

Until May 15, those taking the survey will shape radio and television lineups throughout the peninsula. The survey also will help AFN determine who tunes in to which shows, and who may have poor or limited access to the American sounds and shows from home.

"What we are trying to do, first of all, is determine if we're providing listeners and viewers with the right combination of programming, Mr. Griffin said.

To do that, AFN officials want a better understanding of who makes up the viewers and listeners throughout South Korea, Mr. Griffin

So, many of the questions on the survey ask about assignments, ages and education levels, in addition to viewing habits and music preferences.

The questions also are meant to discover who might not have access to AFN's radio or television programs, he said.

The survey results will have a more direct impact on radio programming, Mr. Griffin said, because AFN Korea gets to decide the formats and has different disc jockeys throughout the country.

Mr. Griffin has less control over the television programs. because a private firm out of

California decides AFN's worldwide lineup. Still, the survey will help make a case servicemembers here might want more of a certain type of programming, Griffin said.

Recently, AFN's radio d vision rearranged its AM lineup in response to an audit that found the station wasn't running enough command announcements. Some of those changes include a cut in National Public Radio programming and an additional show on Sunday mornings about NASCAR, Mr. Griffin said.

The cuts to NPR programs came because the nonprofit doesn't allow AFN to run local command announcements during its shows, making it hard to meet the military's requirements about airtime for command

information, Mr. Griffin

"Our primary mission is to provide command information," he said.

In the end, NPR programng was cut by more than half each week, he said.

The survey will allow people to give their opinion about these types of changes. However, the questions don't ask for feedback about favorite musical artists, television shows, sports teams, movies or talk-radio hosts.

Instead, the questions ask participants to pick their favorite genres: sitcoms, news, Top 40, jazz or documentaries for example.

The results will likely be available by the end of the summer, he said. Programming changes could happen by early fall.

#### **Today**

Pre-Separation - The family support center offers a pre-separation briefing each Friday for members about to separate or retire from 9 to 10 a.m. in Building 755, Room 215. To register, call 782-5644.

Personal Financial Management **Program brief** - The family support center offers a PFMP briefing for senior airmen and below attending newcomers' orientation from 3 to 4 p.m. in Building 755, Room 215. For more information, call 782-5644.

Free food night - The Loring Club offers a pasta buffet from 6 to 9 p.m. for club members.

Dart tourney - The Falcon Community Center offers a Cricket dart tournament beginning at 7 p.m.

#### Saturday

Membership night - The Loring Club offers a club member party beginning at 6 p.m.

X-Box tourney - The Falcon Community Center offers a Madden 2005 tournament beginning at 3:30 p.m.

Pinochle tourney - The Falcon Community Center offers a pinochle tournament beginning at 7 p.m.

Walking tour - The family support center offers a Gunsan City walking tour beginning at 9 a.m. Bring 20,000 Won for local bus fare, lunch and incidentals. Call 782-5644 to register.

9-Pin No Tap bowling - The Yellow Sea Bowling Center offers 9-pin No Tap bowling beginning at 6 p.m. Entry fee is \$15.

E-Mart trip - The Falcon Community Center hosts a shopping trip to E-Mart in Kunsan City. Buses depart the base at 10 a.m., noon, 2 and 4 p.m., and return to base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

#### Sunday

**Dart tourney** - The Falcon Community Center offers a 301 dart tournament beginning at 3:30 p.m.

Bamboo Market and Paegyang-sa Temple tour - The Falcon Community Center offers a trip to the Bamboo Market and Paegyang-sa Temple. For more information, call 782-4619.

Bingo - The Loring Club offers bingo beginning at 2 p.m.

Sunday brunch The Loring Club of fers Sunday brunch from 10:30 a.m. to 1 p.m. Cost is \$11.95 for club members.

#### Monday

Nifty Fifty - The Yellow Sea Bowling

Center offers 50-cent bowling and shoe rental. **9-Ball tourney** - The Loring Club offers a 9-Ball tournament beginning at 7 p.m.

Pizza and beer - The Loring Club offers \$1 longnecks and 50-cent slices from 6 to

Smooth move and Home buying - The family support center offers the workshop from 1 to 4 p.m. in Building 755, Room 215. PCS questions will be answered and homebuying tips are covered by a U.S. licensed real estate broker. Call 782-5644 to register.

**Triple feature** - The Falcon Community Center offers triple feature movie madness beginning at 7 p.m.

#### **Tuesday**

**\$2** pitchers - The Loring Club offers \$2 pitchers and Kun Burgers from 6 to 8 p.m. Cooking class - The family support center offers a cooking class from 11:30 a.m. to 1 p.m. at the Sonlight Inn. Call 782-5644 to register.

Seafood buffet - The Loring Club offers a seafood buffet beginning at 5 p.m. Cost is \$16.95 or \$14.95 for club members.

Ladies night - The Yellow Sea Bowling Center offers free bowling for ladies beginning at 6:30 p.m.

Open chess - The Falcon Community Center offers open chess play beginning at 7 p.m.

#### Wednesday

Free food night - The Loring Club offers super social hour featuring sloppy joes from 6 to 8 p.m. for club members.

Cheap bowling - The Yellow Sea Bowling Center offers 75-cent bowling all day. **Karaoke** - The community center offers karaoke from 8 p.m. to midnight.

**Return and Reunion** - The family support center offers a return and reunion briefing for those about to leave Kunsan at 3 p.m. in the HAWC classroom at the fitness center. For more information, call the family support center at 782-5644.

#### **Thursday**

Dart tourney - The Falcon Community Center offers a Cricket dart tournament beginning at 7 p.m.

**Orphanage visit** - The family support center offers a trip to help at a local orphanage. Transportation is free. Call 782-5644 to register..

Buck bowling The Yellow Sea Bowling Center offers \$1 bowling all day.

To submit events for 7-Days, send an email to 8 FW/PA WolfPack@kunsan.af.mil. Submissions must include time, date, place, and phone number.

## Chapel Events

Free Concert

The award-winning Christian band 'FFH' is scheduled to perform 6 p.m. Saturday at the soccer field.

Reverend Dr. Billy Kim The Reverend Dr. Billy Kim, pastor veritas for the 15,000 member Suwon Central Baptist Church, is scheduled to be the keynote speaker for the April 29 'Evening of Culture and Faith' at the Loring Club. The event features performances by a local Korean music school including a fan dance, drum production, folk songs and a youth choir as well as the world-renowned evangelist.

For more information, call the chapel at 782-4300.

## Uncomina

Experience Korea on the following upcoming tours:

- Yongsan Electronics Market and It'aewon Satur-
- ◆Lotte World amusement park Sunday.
- ◆Outback Steak House and Jeonju City April 30.

For information on these tours, call 782-5213.



**Today** — "The Ring Two," rated PG-13, at 7 and 9:30 p.m.

**Saturday** — "The Ring Two," rated PG-13, at 7 and 9:30 p.m.

**Sunday** — "Hitch," rated PG-13, at 6 and 8:30 p.m.

**Tuesday** — "Hitch," rated PG-13, at 8 p.m.

Wednesday — "Constantine," rated R, at 8 p.m.

**Thursday** — "Constantine," rated R, at 8 p.m.

## **Chapel Services**

Latter-Day Saint - Services are Sunday at 3:30 p.m. at the chapel.

Catholic services - Mass is Sunday at 9 a.m., and every Monday through Thursday at 11:30 a.m. at the chapel. Catholic Reconciliation is by appointment Monday through Friday, Saturday at 4:30 p.m. and Sunday at 8 a.m. R.C.I.A. is Wednesday at 7 p.m. in the chapel conference room.

Protestant services -General Protestant worship service is Sunday at 11 a.m., and the Contemporary Praise and Worship service is Sunday at 6 p.m. Both services are conducted in the base chapel.

**Gospel** - Gospel services are Sunday at 1 p.m. and the Inspirational Praise and Worship service is Friday at 7:30 p.m. at the chapel.

Sonlight Inn hours - The Sonlight Inn is open every Sunday through Thursday from 6 to 10 p.m., Friday from 6 p.m. to midnight, and Saturday from 6:30 a.m. to midnight.

Sunday School and Bible study - The chapel hosts several schools and Bible study groups at the Sonlight Inn. For more information, call the chapel at 782-4300.

#### Free Classifieds

#### Job Opening:

The base chapel has a part-time job opening for an accounting technician starting June 15. Closeout date will be June 1. For more information, call Tech. Sgt. Leland Tharpe at 782-4300.

Guitar Equipment:

Boss Super Chorus, \$50; Boss PS3 pitch shifter/delay, \$60; PSK 7-band equalizer, \$25; Johnson J-station, \$75; Line 6 AM-4 guitar amplifier with power supply, \$100. Call Scott at 011-676-6480.

Volunteer opportunities Korean Orphanage:

Wolf Pack members interested in volunteering should call 782-5644

FSC:

The Family Support Center has opportunities both on and off base. Call 782-3772.

American Red Cross:

Call 782-4601 for more information.

#### Wolf Pack Wheels

Monday through Thursday Departs Kunsan at 7:30 a.m. and 1 p.m. and departs Osan at noon and 6 p.m.

#### Friday

Departs Kunsan at 7:30 a.m., 3 and 6 p.m. and departs Osan at noon and 10 p.m.

Saturday

Departs Kunsan at 7:30 a.m. and 10 a.m. and departs Osan at noon and 4 p.m.

Sunday

Departs Kunsan at 7:30 a.m. and noon and departs Osan at noon and 5 p.m.

One-way tickets, available at the community center, are \$12.50 for general Wolf Pack members or \$11.50 for the airman morale program, and \$25 or \$23 for round-trip tickets.

## Kunsan members take part in marathon

By Staff Sgt. Kurt Arkenberg 8th Fighter Wing Public Affairs

The Wolf Pack sent 24 members to run in the 2nd Annual Saemangum Marathon Sunday at Kunsan City.

More than 30,000 volunteers got together to set up and run support tents, time the runners and officiate three different run distances all in an effort to raise money to help pay for the completion of the Saemangum Road. The road connects Kunsan City with a series of islands a short distance off the coast.

The event included traditional drums and dancing performances to open the festivities as well as a five and 10K and half-marathon.

More than 8,000 runners participated in the events, including the half-marathon — ran from Kunsan City to Yamido Island.

The Wolf Pack's top finishers were Col. Paul Strickland, 8th Fighter Group commander, and Capt. Corea Bergenser, 8th Fighter Wing Staff Judge Advocate's



Twenty four members of the Wolf Pack took part in the 2nd Annual Saemangum Marathon Sunday. They were part of more than 8,000 runners who ran to help raise money for the completion of the Saemangum Road, which connects Kunsan City with Yamido Island and several other small islands off the coast.



Lt. Col. Douglas Stevenson, 8th Fighter Wing staff judge advocate. pushes through during the marathon.

#### •••••• INTRAMURAL STANDINGS · · · · · · · · *RACQUETBALL* **Team** 8th Maintenance Squadron 3 8th Maintenance Operations Squadron 10 8th Mission Support Squadron 8th Security Forces Squadron 5 7 8th Civil Engineer Squadron 8th Operations Support Squadron 7 8th Logistics Readiness Squadron *VOLLEYBALL* American League 8th Security Forces Squadron 0 8th Civil Engineer Squadron 1 1 8th Medical Group 1 8th Communications Squadron 4 8th Logistics Readiness Squadron 1 5 8th Aircraft Maintenance Squadron 5 National League 8th Maintenance Squadron 0 8th Medical Group 2 0 8th Mission Support Squadron 1 8th Civil Engineer Squadron 2 4 8th Logistics Readiness Squadron 2 0 6 8th Services Squadron

All events, games or classes will be held at the base fitness center, unless otherwise stated.

#### Upcoming Events Golf long drive and closest to the pin contest

◆The West Winds Golf Course offers a longest drive competition all day Saturday and a closest to the pin competition all day Sunday. Tee times are required to play.

#### Home run derby

\*A softball home run derby is scheduled for 10 a.m. April 30 at the softball field.

#### Training

#### **Rock Climbing**

- ◆Tuesday at 5 and 8 p.m.
- ◆Wednesday at 10 a.m., 1, 5 and 8 p.m.
- ◆Saturday at 10 a.m. and 1 p.m.

Limited class size. Call 782-4026 to register.

#### Aerobics

#### Spin Class

◆Monday through Thursday at 5:30 a.m. and Monday through Thursday at 6:30 p.m.

#### Step Class

- ◆Monday and Wednesday at 5:30 a.m.
- ◆Tuesday and Thursday at 5:30 p.m.

#### **Cardio Circuit**

◆Monday at 5:30 p.m.

#### **Pilates**

- ◆Wednesday and Friday at 5:30 p.m.
- Saturday at 10 a.m.

#### **Boot Camp**

◆Friday at 6 a.m.

#### Martial Arts

#### Hapkido

◆Monday through Friday at 8 a.m. and 6:30 p.m.

#### Tang Soo Do

- Monday through Friday at 6:30 and 11 a.m., and 7 p.m.
- Saturday at noon

#### Tae Kwon Do

 Monday through Friday at 11 a.m. and 8 p.m.

#### Kung Fu

Monday through Thursday at 8 p.m.

Information provided by 8th Services Squadron

## Local marathoners run like the wind



As the cannon sounded starting the Second Annual Saemangum Marathon in Kunsan City Sunday, more than 8,000 runners take off on the 5K, 10K and half-marathon races. Twenty four Wolf Pack members ran in the races to raise money for the completion of Saemagum Road.



Traditional dance and drums were part of the race's opening ceremony.



First Lt. Vince Heitman, 8th Security Forces Squadron, cuts through the wind like a knife through warm butter using his cupped hands to limit drag and maximize his performance.



First Lt. Jennifer Gurganus, 8th Aircraft Maintenance Squadron, shows off the medal she received after completing the marathon.



Lt. Col. Roscoe VanCamp, 8th Medical Operations Squadron, affixes his number to his shirt in preparation of the start of the race.



Master Sgt. Marshall Watson, Senior Airman Erin Farris and Staff Sgt. Cullen Combs, all from the 8th Civil Engineer Squadron, stretch out before the Saemangum Marathon Sunday.